



July Newsletter

Monthly Welcome

Happy July! We hope everyone is enjoying their summer experience and taking all precautions necessary to be protected and safe as our country opens back up. We have been enjoying beautiful warm and wet weather this summer. We hope your 4th of July weekend was a fulfilled one and you all enjoyed the plethora of fireworks lighting up the night sky.

"Together, may we give our children, the roots to grow and the wings to fly"

Welcome

Please join us in welcoming our new teachers Hali Williams, Shakara Jeffcoat and Jennifer Yarborough Moore. They have become an intimate part of our team at LCDC. They are dedicated teachers, whom are committed to the health, well-being and academic successes of our children.

SUMMER HEALTH AND SAFETY

PROTECT YOUR SKIN • STAY HYDRATED • PUT SAFETY FIRST

Skin cancer is the **MOST COMMON** type of cancer, accounting for **NEARLY HALF** of all cancer cases

PROTECT YOUR SKIN

The sun's UV rays are **STRONGEST** between 10 a.m. and 4 p.m.

— SUNSCREEN FACTS —

SPF measures how well sunscreen protects against UVB rays only

Water-resistant sunscreen provides protection while swimming or sweating

Broad-spectrum sunscreen protects against both UVB and UVA rays

UVB rays are the **MAIN** cause of sunburns

For further information, be sure to checkout our website and stay updated: <https://lexcdcsc.com>



STAY SAFE THIS SUMMER!



Use sunscreen

Take a first aid kit



Play in shaded areas

Wear lightweight clothing



Wear a helmet

Use insect repellent



Avoid intense activity on hot days

Wear sunglasses



Take breaks

HYDRATE!



Upcoming Events/Reminders:-

- Please provide a doctor's note upon your child's return to LCDC.
- Remember to pack at least 2 change of clothing daily/per child.
- Warm weather is here. Students should also be in sneakers and socks. Please Send your child with a water bottle daily.
- We encourage you to use the QR Code at the door. for signing in/out daily
- Please keep Toys at home—Only bring cuddles for nap-time.